

# DRUG & ALCOHOL OVERDOSE

**NOT** Moving but **IS** Breathing

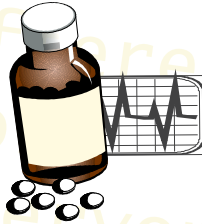
Turn them over onto their side  
Continually check they are Breathing

**CALL THE AMBULANCE ON 000**

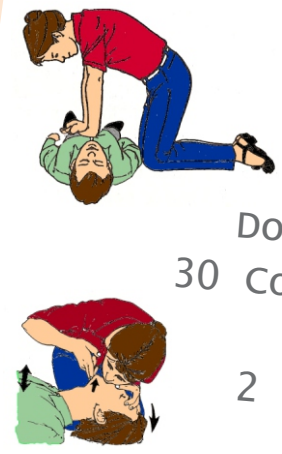
**NOT** Moving & **NOT** Breathing

Try to get a response  
Start CPR  
Do 30 compressions on their chest  
Tilt their head and give 2 breaths

Look out for your mates  
Don't let anyone be alone  
Keep going  
Don't stop  
30 Compressions then 2 breaths



Delay could be DEADLY!



Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs



You have NOTHING to fear by calling the paramedics for help, and you may SAVE a friend's life